

Spring is a season of renewal, making it the perfect time to refresh our routines and embrace new opportunities. As the days grow longer and the weather warms up, let's focus on creating a safe, productive, and positive workplace for everyone.

**Seasonal Workplace Safety Tips** 

# Be Prepared for Changing Weather:

Spring storms can bring heavy rain, wind, and even late-season snow.
Keep outdoor areas clear of debris and wear appropriate gear when working outside.

### **Allergy Awareness:**

Seasonal allergies can impact productivity.
Keep workspaces clean and change air filters regularly.



## **Emergency Preparedness**

- Fire Safety Checks Spring cleaning isn't just for home! Test fire alarms, inspect extinguishers, and clear emergency exits.
- Report Safety Concerns If you notice a hazard, speak up! A proactive workplace is a safe workplace.





#### **Mental Health and Wellness**

#### **Take Mental Breaks:**

Step away from screens, stretch, or practice deep breathing to recharge throughout the day.

## **Spring Clean Your Routine:**

Organizing workspaces, setting new goals, and prioritizing self-care can bring a fresh start for a productive season.

As we embrace the fresh start that
April brings, we want you to know
that your safety, well-being, and
success are always our priority.
Whether you need guidance on
workplace safety, career advice, or
just a friendly check-in, we're
always here to help!
Wishing you a productive, healthy,
and bright April!



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